

# BRANDMODELS

## DARIUS

HAIR:

EYES:

HEIGHT:

CHEST:

WAIST:

HIPS:

DRESS:

SHOE:



Care for Medicare patients  
just got stronger.

**Health care made stronger.**







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Advancing the idea that your care  
can be more about you.



Learn More















*Improve your patients'*  
**CARDIAC HEALTH  
OUTCOMES**

### **Movn Virtual Cardiac Rehab**

Movn Health (Movn) provides the most widely deployed and clinically validated virtual cardiac rehab and prevention program available.

Movn manages member care from referral through delivery of care. We help members manage risk factors, such as exercise, nutrition, stress, smoking, blood pressure and cholesterol, using:

- Evidence-based guidelines
- Behavioral science
- Remote monitoring
- Personalized coaching

Movn helps members recover after a cardiac event, such as myocardial infarction, coronary artery bypass graft, stent, or stable heart failure.

 **MOVN HEALTH**

**3.5M**

US adults are eligible for postacute cardiac rehab each year

**90%**

Of those eligible do not complete cardiac rehab due to access barriers

**40%**

Readmission rate without cardiac rehab, 12-month average

**\$35K**

Average cost of hospital readmission

**CRE**

Cardiac rehab participation is now a HEDIS measure



To learn more: 1 (833) 426-6686 / [movnhealth.com](https://movnhealth.com)

# Improve your **HEART HEALTH**



## **Movn Virtual Cardiac Rehab**

Improve your fitness, heart health, and mental wellbeing. Movn Virtual Cardiac Rehab (Movn) is convenient and tailored to your needs.

Movn helps you learn healthy habits and track your progress. With Movn, you have a cardiac care manager to guide you and monitor your health.

- Increase your fitness
- Make smart food choices
- Manage your stress
- Gain skills to quit smoking
- Take your medications correctly



**MOVN HEALTH**

Contact us:

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