

BRANDMODELS

KARA BIRKENSTOCK

HAIR: BROWN

EYES: BROWN

HEIGHT: 5' 10"

CHEST: 34

WAIST: 27

HIPS: 36

DRESS: 4

SHOE: 9













































#helloworld

From co-worker to crony.



Take this supplement once a day.

Let your best
SHINE THROUGH.

**HERBALIFE
NUTRITION**



Let the best of you
SHINE THROUGH

Your personality is bold and vibrant.
Shouldn't your skin, hair and nails be too?

Herbalife SKIN® Collagen Beauty Booster nourishes your skin from within.

- Formulated with Verisol™ collagen, which has been tested to show support of skin elasticity and the reduction of fine wrinkles¹
- Bioactive Collagen Peptides^{®2} can reduce signs of cellulite.²
- Contains Vitamins A (as beta-carotene), C and E, which help prevent harmful free radical cell damage that ages your skin³
- Supports strong nails and healthy hair with selenium, zinc and biotin⁴

Order today! Visit MyHerbalife.com or call 866-866-4744.



#0831

¹Verisol™ is a registered trademark of GELITA AG.

²Bioactive Collagen Peptides® is a registered trademark of GELITA AG.

³These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

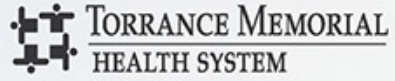
Herbalife SKIN is a dietary supplement product. Consume only as directed, one time per day.
© 2016 Herbalife International of America, Inc. All rights reserved. USA. PFD181180-USEN-00 06/16

**HERBALIFE
NUTRITION**





WE CAN HELP. The Torrance Memorial Hunt Cancer Institute is a leader in cancer care for Southern California. Our compassionate and comprehensive approach gives our patients and their loved ones the confidence of leading-edge diagnostics, advanced treatments, rehabilitation services and support. TMCancerCare.com



CUSTOMIZED PATIENT CARE • ADVANCED TREATMENTS • CARE NAVIGATORS

YOU CAN ~~CER~~



A woman with dark hair pulled back, wearing a red lace dress with a black belt and large tassel earrings, stands in a grassy field under a blue sky. The dress is long-sleeved and has a high collar. The background shows trees and a building in the distance.

ART OF *Fashion* 2014

The Country Friends presents the Art of Fashion Runway Show, in partnership for the past decade with South Coast Plaza, on Thursday, September 18, at The Inn at Rancho Santa Fe. This year's lineup includes Canali, Faconnable, Lanvin, M. Missoni, Max Mara, Salvatore Ferragamo, and more. The event begins with the runway show, followed by luncheon on The Inn's lawn, and the opportunity to shop South Coast Plaza mini-boutiques. Chaired by Ranch & Coast's Andrea Naversen, this year's fête celebrates The Country Friends' 60th anniversary, marking six decades of fundraising and fashion. The organization was founded with the mission "Helping San Diegans, One Hand at a Time," and this year is raising funds for more than 30 charities, including Armed Services YMCA, Burn Institute, Community Resource Center, Glenner Memory Care, Promises2Kids, Ronald McDonald House Charities, and many more. (858.756.1192, ext. 4, www.thecountryfriends.org)

Kara is wearing a "Cardinal" guipure lace dress and jacket, black leather belt, and tassel earrings — all from Oscar de la Renta, South Coast Plaza



Kara is wearing a scalloped dress in white jacquard with black floral woven pattern, T-strap pumps, and a "Talisca" necklace — all from Lanvin, South Coast Plaza



Kara is wearing a black wool sleeveless turtleneck, silk pleated dress, leather belt, booties, and fold-over clutch — all from Salvatore Ferragamo, South Coast Plaza; Alec is wearing a relaxed wool patch pocket check jacket, modern cut wool trousers and cotton sport shirt, slim fit shawl collar sweater, silk pocket square, and chestnut burnished leather cap toe shoes — all from Canali, South Coast Plaza



Kara is wearing a pleated drape-front crepe and satin top, skinny black leather pants, stiletto platform booties, and a grey broadcloth and green lizard "Madness" handbag — all from Barbara Bul, South Coast Plaza

The Art of Fashion

Thursday, September 18,
The Inn at Rancho Santa Fe

10am-4pm Boutique Shopping, South
Coast Plaza Retailers
11am Seating for Art of Fashion
Runway Show
12:30pm Seating for Luncheon on
the Lawn
2-4pm Apres Affaire
Tickets 858.756.1192, ext. 4,
www.thecountryfriends.org
Chair Andrea Naversen

The Country Friends is a charitable organization that supports human care agencies with emphasis on those providing services to women, children, the elderly and persons with disabilities in San Diego County

Kara is wearing an olive green pleated dress, hazel raffia bag, and wool & nylon shoes — all from M. Missoni, South Coast Plaza

RANCH & COAST

SAN DIEGO'S ULTIMATE LIFESTYLE MAGAZINE

SEPTEMBER 2014

The Art of
Fashion

Rancho
Santa Fe
Issue

Veladora

Fashions by
Facannable & Max
Mara at The Inn at
Rancho Santa Fe

