

# BRANDMODELS

## SUSIE CASTILLO

HAIR: DARK BROWN

EYES: BROWN

HEIGHT: 5' 8"

CHEST: 34B

WAIST: 27

HIPS: 38

DRESS: 4/6

SHOE: 10



















































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# Savvy

issue  
04

susie castillo  
& mtv host  
& face of  
neutrogena  
opens up

what to wear  
on your next

*night out*

calling all  
**fashionistas!**  
10 fabulous  
must-haves

*holiday shopping*  
on any budget

DISPLAY UNTIL JANUARY 31









Cherry, velvet dress with rose-detailed gathers, \$2,210 at Marc Jacobs. White gold and diamond waterfall earrings by Stefan Hafner, \$60,000; diamond and white gold ring by Gregg Ruth, \$11,500. Both at Elysé Jewelers.








Black, silk chiffon, draped, long-sleeve, empire-waist blouse, \$995 at Gucci. Black-and-white, Mayan pearl, lariat necklace, \$1,750; diamond and platinum earrings, \$75,000. Both at Elysé Jewelers.



A full-body photograph of a woman with long, wavy brown hair, wearing a white, short-sleeved, button-down dress with a large, draped skirt. She is also wearing black high-heeled shoes with ankle straps. She is posing against a plain, light grey background, with her right hand touching her hair and her left hand holding the hem of her skirt. The lighting is soft and even.

Natural white, wool toile apron dress, \$3,275; Jeanne Bordeaux velvet, ankle-strap pump, \$495; both by Yves Saint Laurent. Yellow gold and diamond bracelet by YVEL, \$9,500; yellow and white diamond pendant by Gregg Ruth, \$12,500; both at Elysé Jewelers.







# Confidence is Queen



The Four Keys to  
Unleashing  
Ultimate Beauty  
Through Positive Thinking

Actor & Former  
Miss USA & MTV VJ

Susie  
Castillo










Tourmaline, wool, oversized trench by Chaiken, \$598. Yellow gold and diamond earrings by Jose Hess, \$8,750; yellow and white diamond necklace, \$45,000; platinum, three-stone diamond ring, \$195,000. All at Elyse Jewelers.





MTV'S SUSIE CASTILLO MODELS THE DEEP HUES AND SLIM SILHOUETTES THAT  
KEEP WOMEN LOOKING SMART AND SOPHISTICATED THIS FALL.

# falling for susie



Black, cashmere dress, \$5,980 at Chanel. Baroque, five-strand, pearl necklace, \$15,000; matching bracelet with diamond clasp, \$3,000; matching earrings, \$500; blue topaz, diamond and white gold, limited-edition ring by IoSi Scavia, \$9,900. All at Elyse Jewelers.

BY SAMANTHA HOUSE

PHOTOGRAPHED BY PETER BUCKINGHAM



































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Susie  
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## DOWNSIZE À DEUX

**YOU'LL NEED** An 8- to 15-pound medicine ball (or dumbbell) and two identical bands (of any resistance, with or without handles). Oh, and a partner: Fitness pro Michael Curry of Stronghold Fitness in West Los Angeles designed these total-body slimmers to try with your better half or a friend.

**HOW TO DO IT** Perform two or three sets of 12 to 15 reps of each exercise on nonconsecutive days, adding reps as you get stronger. Hang in there for a month "and you'll see major body changes—fat loss and head-to-toe toning," Curry assures. You'll like your new body so much, you'll feel like sharing it!

### < passion pass

WORKS SHOULDERS, BACK, ABS, BUTT, LEGS

Stand back-to-back with partner and lower into a squat with knees over ankles and weight on heels (maintain squat throughout). One person holds ball with both hands at chest level; the other person holds hands at chest, ready to receive ball. Twist right as partner twists left, passing or receiving ball (as shown). Switch directions and pass back or receive ball to complete one rep.



# Vista

25th  
anniversary  
issue

[www.vistamagazine.com](http://www.vistamagazine.com)

*susie  
castillo*

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